

Letting Music Help Us Express Ourselves



- ◆ This project is suitable for all ages.
- ◆ Needed for this project: Recorded songs and music and a way to play them or, even better, someone who can play live music.

Writing and/or drawing supplies

The *Permission to Post Art or Literary Work Online and Release of Liability Form*, if the project is to be posted on the internet.

- ◆ About this project: The music and songs we choose to listen to often says something about how we are feeling or what we are thinking about. When we are happy, we usually choose bright music and exciting songs. When we are sad, we often choose slow music and sad songs.

We can also choose music to change our mood or attitude. For example, if we are sad, we we can choose cheerful music and happy songs. Or if we are excited, but need to slow down to study or do serious work, we can choose slower music, maybe even without words.

Finally, music and songs and help us understand our emotions or what we are thinking about or even turn loose our imaginations.

- ◆ To do this project: Choose a piece of music or a song and listen to it. If it is not long, listen several times.

Draw or write how you feel, what you are thinking about, or what you imagine as you listen.

If you want others to see your project on the internet, draw or write on the attached form, and if you are under 18 years old, ask a parent or guardian to fill out and sign the form then scan or take a picture of the whole page and email it to manager@beavercreekcamp.org.

The project will be reviewed and, once everything is OK, it will be posted at www.daycamponline.com/expressions.html.

This project was submitted by Beaver Creek Christian Youth Camp and Retreat Center

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Permission to Post Art and Literary Work Online and Release of Liability

I, Parent or Legal Guardian Name, am a parent or legal guardian of Child's Name, who's art or literary work is shown below, and I give my permission for the art or literary work to be posted at www.daycamponline.com/expressions.html. I acknowledge that there will be no remuneration or compensation for the art or literary work. I also release United Methodist Camp and Retreat Ministries and the Beaver Creek Camp Commission, their parent organizations, and their officers, directors, employees and volunteers from any and all liability from damages or harm that may occur from posting the art or literary work online.

Signature: _____ Date: _____

First Name Only listened to Name of Music or Song
by Music or Song Artist for inspiration to create this project.

