Recipe for Communion Bread

It has become a tradition for many of our camps to have the campers make the bread for communion. It is a great way to help them connect with the sacrament.

(Although, we learned the hard way, this bread does not freeze well)

1 cup flour

3 tablespoons sugar

1 pkg dry yeast

1 cup warm water

Knead ingredients in a zip top bag until well combined. Let it rest 10 minutes.

Add:

1 more cup flour

3 tablespoons olive oil

1 1/2 teaspoons salt

Knead all ingredients. Let it rest 10 minutes.

Add:

1 more cup of flour.

Knead. May need to add a bit more water if the dough seems too stiff. Let it rest and rise 2

hours. Place dough in a greased bread pan. Bake at 375 for 20-30 minutes.





